Umrah duas

What to say at each step of Umrah, in order, with the source under each.

There is no set dua for each round of tawaf or sai. Between the words below, make dua in your own language, do dhikr, or recite Quran.

The wording is the wording on our page, with its source under each dua. Quran ayat: Tanzil Project (tanzil.net), Uthmani script. Quran English: Sahih International. Reviewed by Hafez Mawlana Abu Darda and Mawlana Akramul Haque Fenwi, Islamic scholars. For a more accurate answer to your own situation, consult a scholar. Full guide: amalkit.com/umrah-guide.

The intention (any words, any language)

اللَّهُمَّ إِنِّي أُرِيدُ الْعُمْرَةَ فَيَسِّرْهَا لِي وَتَقَبَّلْهَا مِنِّي

Allāhumma innī urīdul-ʿumrata fa-yassirhā lī wa taqabbalhā minnī

O Allah, I intend Umrah, so make it easy for me and accept it from me.

The wording given in the Hanafi manuals (al-Hidayah, for Hajj). It is not a hadith: the intention in your heart is what counts.

Say the talbiyah

لَبَّيْكَ اللَّهُمَّ لَبَّيْكَ، لَبَّيْكَ لَا شَرِيكَ لَكَ لَبَّيْكَ، إِنَّ الْحَمْدَ وَالنِّعْمَةَ لَكَ وَالْمُلْكَ، لَا شَرِيكَ لَكَ

Labbayk Allāhumma labbayk, labbayka lā sharīka laka labbayk, innal-ḥamda wan-niʿmata laka wal-mulk, lā sharīka lak

Here I am, O Allah, here I am. Here I am, You have no partner, here I am. Truly all praise, all blessings and all sovereignty are Yours. You have no partner.

Sahih al-Bukhari 1549; Sahih Muslim 1184, from Ibn Umar.

Entering the mosque

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Allāhummaf-taḥ lī abwāba raḥmatik

O Allah, open for me the gates of Your mercy.

Sahih Muslim 713, from Abu Humayd or Abu Usayd.

At the Black Stone, at the start of every round

بِسْمِ اللَّهِ، وَاللَّهُ أَكْبَرُ

Bismillāh, wallāhu akbar

In the name of Allah, and Allah is the Greatest.

The takbir: Sahih al-Bukhari 1613, from Ibn Abbas. Adding Bismillah is reported from Ibn Umar (al-Bayhaqi, al-Sunan al-Kubra).

Between the Yemeni corner and the Black Stone

رَبَّنَآ ءَاتِنَا فِى ٱلدُّنْيَا حَسَنَةً وَفِى ٱلْءَاخِرَةِ حَسَنَةً وَقِنَا عَذَابَ ٱلنَّارِ

Rabbanaaa aatina fid dunyaa hasanatawn wa fil aakhirati hasanatanw wa qinaa azaaban Naar

Our Lord, give us in this world [that which is] good and in the Hereafter [that which is] good and protect us from the punishment of the Fire.

Quran 2:201, Sahih International. The Prophet ﷺ said it between the two corners: Sunan Abi Dawud 1892, from Abdullah ibn al-Sa'ib, graded hasan.

Walking to Maqam Ibrahim

وَٱتَّخِذُوا۟ مِن مَّقَامِ إِبْرَٰهِۦمَ مُصَلًّى

Wattakhizoo mim Maqaami Ibraaheema musallaaa

And take, [O believers], from the standing place of Abraham a place of prayer.

Quran 2:125, Sahih International. The Prophet ﷺ recited it here before praying: Sahih Muslim 1218, from Jabir.

At Safa, the first time

إِنَّ ٱلصَّفَا وَٱلْمَرْوَةَ مِن شَعَآئِرِ ٱللَّهِ

Innas Safaa wal-Marwata min sha'aaa'iril laahi

Indeed, as-Safa and al-Marwah are among the symbols of Allah.

Quran 2:158, Sahih International. Recited by the Prophet ﷺ as he came near Safa: Sahih Muslim 1218, from Jabir.

Then

أَبْدَأُ بِمَا بَدَأَ اللَّهُ بِهِ

Abdaʾu bimā badaʾallāhu bih

I begin with what Allah began with.

Sahih Muslim 1218, from Jabir.

On Safa and on Marwah, each time, three times

لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ لَا شَرِيكَ لَهُ، لَهُ الْمُلْكُ وَلَهُ الْحَمْدُ، وَهُوَ عَلَى كُلِّ شَيْءٍ قَدِيرٌ، لَا إِلَهَ إِلَّا اللَّهُ وَحْدَهُ، أَنْجَزَ وَعْدَهُ، وَنَصَرَ عَبْدَهُ، وَهَزَمَ الْأَحْزَابَ وَحْدَهُ

Lā ilāha illallāhu waḥdahū lā sharīka lah, lahul-mulku wa lahul-ḥamdu wa huwa ʿalā kulli shayʾin qadīr. Lā ilāha illallāhu waḥdah, anjaza waʿdah, wa naṣara ʿabdah, wa hazamal-aḥzāba waḥdah

There is no god but Allah alone, with no partner. His is the dominion and His is the praise, and He has power over all things. There is no god but Allah alone. He fulfilled His promise, gave victory to His servant, and alone defeated the confederates.

Sahih Muslim 1218, from Jabir. Say Allahu akbar first; between the three times, make your own dua.

Between the green lights (optional)

رَبِّ اغْفِرْ وَارْحَمْ، إِنَّكَ أَنْتَ الْأَعَزُّ الْأَكْرَمُ

Rabbigh-fir warḥam, innaka antal-aʿazzul-akram

My Lord, forgive and have mercy. You are the Most Mighty, the Most Generous.

A saying of Ibn Mas'ud and Ibn Umar during sai, in the Musannaf of Ibn Abi Shaybah and al-Bayhaqi's al-Sunan al-Kubra. It is from the Companions, not from the Prophet ﷺ himself.

Leaving the mosque (left foot first)

اللَّهُمَّ إِنِّي أَسْأَلُكَ مِنْ فَضْلِكَ

Allāhumma innī asʾaluka min faḍlik

O Allah, I ask You of Your bounty.

Sahih Muslim 713, from Abu Humayd or Abu Usayd.

Entering Masjid an-Nabawi

اللَّهُمَّ افْتَحْ لِي أَبْوَابَ رَحْمَتِكَ

Allāhummaf-taḥ lī abwāba raḥmatik

O Allah, open for me the gates of Your mercy.

Sahih Muslim 713, from Abu Humayd or Abu Usayd.

Giving salam to the Prophet ﷺ

السَّلَامُ عَلَيْكَ يَا رَسُولَ اللَّهِ

As-salāmu ʿalayka yā rasūlallāh

Peace be upon you, O Messenger of Allah.

Ibn Umar used to greet the Prophet ﷺ, then Abu Bakr, then Umar, in this way (Malik, al-Muwatta; al-Bayhaqi). Stand calmly, keep it short, and do not touch or kiss the grille.

At a graveyard

السَّلَامُ عَلَيْكُمْ أَهْلَ الدِّيَارِ مِنَ الْمُؤْمِنِينَ وَالْمُسْلِمِينَ، وَإِنَّا إِنْ شَاءَ اللَّهُ لَلَاحِقُونَ، أَسْأَلُ اللَّهَ لَنَا وَلَكُمُ الْعَافِيَةَ

As-salāmu ʿalaykum ahlad-diyāri minal-muʾminīna wal-muslimīn, wa innā in shāʾ Allāhu la-lāḥiqūn, asʾalullāha lanā wa lakumul-ʿāfiyah

Peace be upon you, people of these dwellings, believers and Muslims. We will join you, if Allah wills. I ask Allah for well-being for us and for you.

Sahih Muslim 975. See the dua for visiting the grave.